

Make "messy play" fun for your child!

"Messy play", or "sensory play," is a great way to encourage your child's development. Create sensory bins at home using the following materials:

- Dry pasta, beans, rice, sand
- Play dough or cloud dough
- Finger paint
- Shaving cream
- Slime or oobleck
- Water beads
- Water with ice cubes and/or food colouring

Incorporate your child's favourite toys, as well as scoops, cups, spoons, etc. to interact with the materials. Follow your child's lead and have fun!